



# Reintroduction of anti-tuberculosis therapy following drug-induced liver injury: a randomised clinical trial

**Site Initiation Training** 

10 August 2022

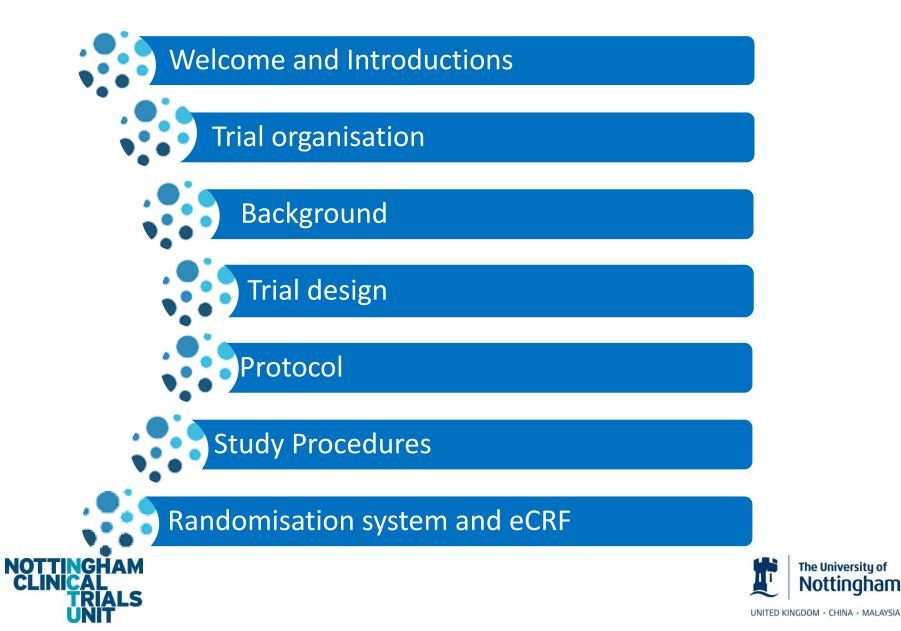


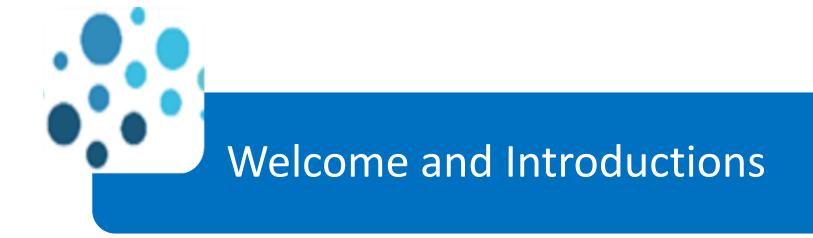






# Agenda











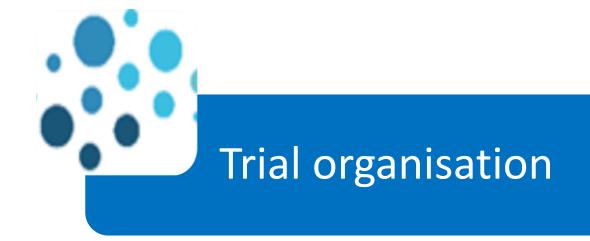
Shabina Sadiq
(TB-DILI Trial Manager)

Megan Birchenall (TB-DILI Trial coordinator)

Garry Meakin (TB-DILI Snr. Trial Manager)



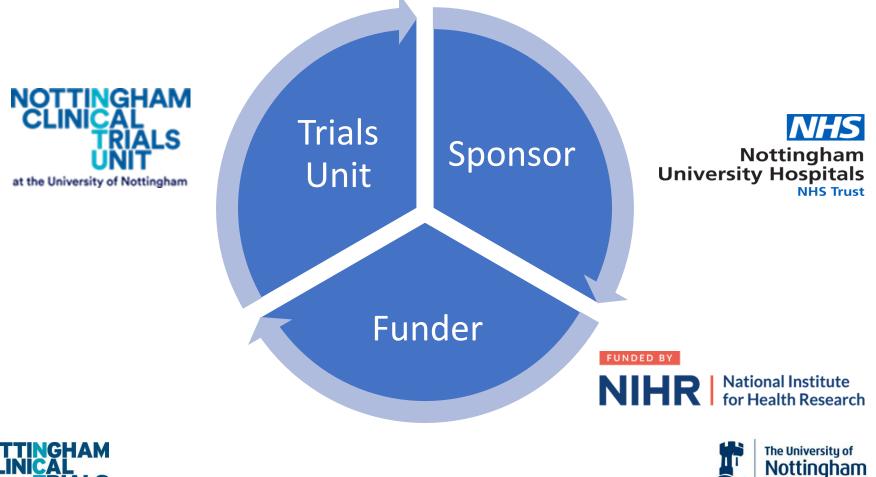












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Role	Name	Organisation
CI	Wei Shen Lim	Nottingham University Hospitals NHS Trust
Trial Manager	Shabina Sadiq	NCTU
Snr Trial Manager	Garry Meakin	NCTU
Trial Coordinator	Megan Birchenall	NCTU
Data Coordinator	Richard Swinden	NCTU



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# **Oversight Committees**

### Trial Management Group

- Day-to-day management
- Review recruitment, retention, compliance and data quality to ensure efficient study conduct
- Report to the Trial Steering Committee

NOTTINGHAM

## Trial Steering Committee

Provide independent oversight of the study.

- Approve trial protocol
- Approve changes to protocol based on considerations of feasibility and practicability
- Review data reports
- Resolve problems
- Ensure publication

## Data Monitoring Committee

#### To safeguard

- Trial participants/families
- Investigators
- Sponsor
- Assess safety and efficacy of the intervention during the trial
- Monitor overall conduct
- Protect validity & credibility
- Monitor evidence of treatment differences
- Monitor safety data
- Review Stop-Go data











In 2018, 4,655 people were diagnosed with tuberculosis (TB) in the UK. This was the lowest recorded rate of TB in the UK for the last 10 years. People born outside the UK accounted for 72% of notifications in 2018

The proportion of people with drug-sensitive TB who completed treatment by 12 months was 84.7% in 2017; in addition, 5.3% died and 4.2% were lost to follow up.

Early data from 2019 suggests that the rate of TB may be higher in 2019 compared to 2018.









The standard treatment of drug-sensitive TB involves a 4-drug combination of anti-TB therapy (ATT) for 2 months, followed by a 2-drug combination for 4 months making a total treatment duration of 6 months.

Drug-induced liver injury (DILI) is the commonest serious adverse effect of ATT. DILI may result from direct toxicity of the primary compound or an immunological response to one or more of the drugs.

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#### A multicentre randomised, open label, superiority trial

Population	Adults who have experienced a DILI with standard 4-drug ATT for active pulmonary or extra-pulmonary TB
Intervention	Sequential full-dose reintroduction of a non-Z-containing 3- drug ATT regimen comprising ethambutol, isoniazid and rifampicin (EHR), as recommended by the American Thoracic Society (ATS) TB guideline
Comparator	Sequential full-dose reintroduction of a Z-containing 4-drug ATT regimen comprising ethambutol, isoniazid, rifampicin and pyrazinamide (EHRZ), as recommended by the National Institute for Health and Care Excellence (NICE) TB guideline
Primary outcome	DILI recurrence within 12 months following randomisation







In the National Health Service (NHS), the management of ATT-induced DILI is informed by both the NICE TB Guideline and the American Thoracic Society TB Guideline.

NICE TB Guidelines	sequentially reintroduce each of the anti-TB drugs at full dose over a period of no more than 10 days, starting with ethambutol and either isoniazid (with pyridoxine) or rifampicin.
American TB Guidelines	sequential reintroduction of ATT; beginning with rifampicin (with or without ethambutol), then adding isoniazid after 3 to 7 days. In addition, it recommends "For those who have experienced prolonged or severe hepatotoxicity, but tolerate reintroduction with rifampicin and isoniazid, rechallenge with pyrazinamide may be hazardous. In this circumstance, pyrazinamide may be permanently discontinued, with treatment extended to 9 months

Both regimens are accepted as standard of care in the NHS and globally. Based on weak evidence, one regimen may be associated with a lower DILI recurrence frequency but entails a longer total duration of treatment (9 months vs 6 months).







## "A true state of equipoise exists when one has no good basis for a choice between two or more care options."

# Important that clinicians are in equipoise

- We do not know whether 3 drug ATT will be safer than 4 drug ATT
- Difficult for clinicians to advise patients as there is a lack of evidence to prove either way
- That is why we are conducting the trial!



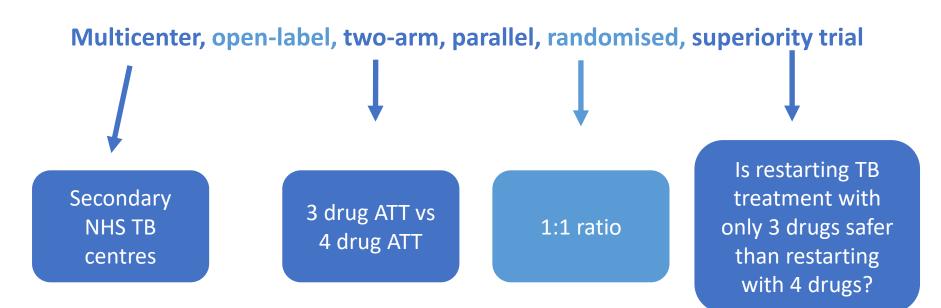












#### We aim to recruit 350 participants







To determine if reintroduction of a non-pyrazinamide (Z)-containing anti-tuberculosis therapy (ATT) regimen results in a lower drug-induced liver injury (DILI) recurrence rate compared to a Z-containing ATT regimen in adults who have experienced an episode of DILI when being treated for active tuberculosis (TB)







To determine the cost-effectiveness of reintroducing a non-Z containing, versus Z-containing regimen

**Cohort study** 

To determine

the frequency of DILI recurrence and quality of life impacts of DILI episodes in adults being treated for latent TB infection







IMP will not be supplied to sites from the NCTU or Sponsor

Sites will use local stock of usual 3 drug ATT and 4 drug ATT treatment

No additional trial specific labelling/accountability needed

Sites should maintain local accountability and dispensing records as per routine practice

If treatment is posted this should be in accordance with your local Trust SOP







## This is an open label trial, so no emergency unblinding procedures are necessary

Participants, site-staff and NCTU data coordinators and statisticians will not be blinded

NCTU trial management and Trial Steering Committee will be blinded to treatment allocations



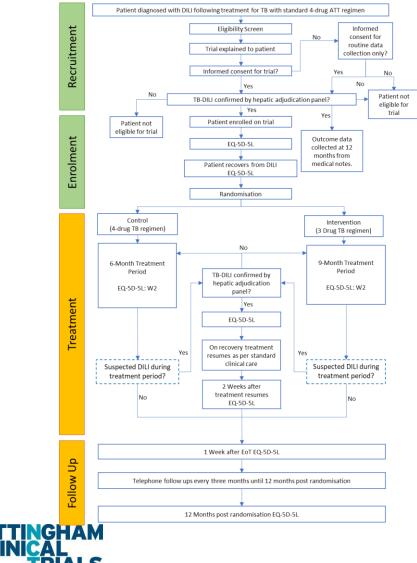












Potentially eligible patients will generally be identified in the following ways:

- During routine outpatient clinics/consultations
- Community clinics and mobile clinics
- Hospital in-patients





#### **Inclusion Criteria**

Aged ≥18 years

- Experienced DILI with standard 4-drug ATT for active pulmonary or extra-pulmonary TB
- Medically suitable for re-introduction of standard 4-drug ATT

#### **Exclusion Criteria**

- Requirement for alternative ATT
- Unable to provide written informed consent







Screening data is only being collected for the main trial.

- All screening information will be collected and entered directly into REDCap.
- Email reminders will be circulated on a monthly basis for sites to enter this.
- We will not be collecting individual participant reasons for non consent.
- Reasons for non-enrolment will be discussed with sites on an individual basis or as part of site teleconferences.







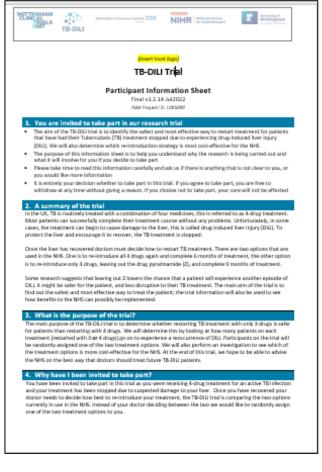
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Form Status		
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# Patient information and consent

#### Main trial & Routine data



#### Latent TB

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	ed to take part in our research trial this information sheet is to help you understand why the research is being carried out and
what it will insolv	he for you if you decide to take part
	to read this information carefully and ask us if there is anything that is not clear to you, a more information
<ul> <li>It is entirely your</li> </ul>	r decision whether to take part in this trial. If you agree to take part, you are free to
withdraw at any 1	time without giving a reason. If you choose not to take part, your care will not be affected
	nd purpose of the trial
	erculosis inflection (LTB) is routinely treated with a combination of three medicines, this is anti-latent TB therapy. Most patients can successfully complete their treatment course
ith no complications	s. Unfortunately, in some cases, the medicines can begin to cause damage to the liver, this
called drug-induced logged.	d liver injury (DILI). To protect the liver and encourage it to recover the TB invatraent is
	covered doctors must decide how or whether to restart anti-TB drugs. The aim of the is to determine the frequency of drug induced liver injury (DLI) and the frequency of DLI
currence in patients	s being treated for latent TB. The trial also aims to assess the impact of DILI on a patient's
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## Verbal explanation of trial

- Opportunity to ask any questions
- Informed they may withdraw at any time if they change their mind

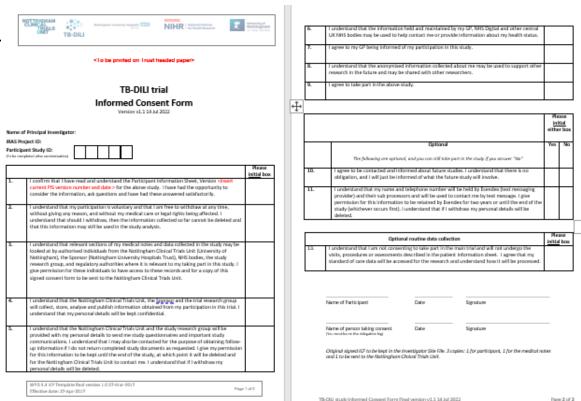
Provide patient with a copy of current Patient Information Sheet (PIS) and Informed Consent Form (ICF)







- Consent can only be taken by trained and delegated Investigators (or Research Nurse – if nurse consent is approved at your Trust)
- Investigator / RN <u>must</u> sign and date ICF in presence of participant (i.e. on same day)
- Ensure participant enters initials and does not tick or cross any of the boxes
- Participant <u>must</u> complete name and date section themselves at the time of signing – this should <u>not</u> be prepared in advance
- Completed paper ICFs must be uploaded to the NCTU and retained as source data









A blinded hepatic adjudication panel will review all relevant data relating to possible DILI episodes.

The panel will adjudicate as to whether the episode meets the trial definition of a DILI

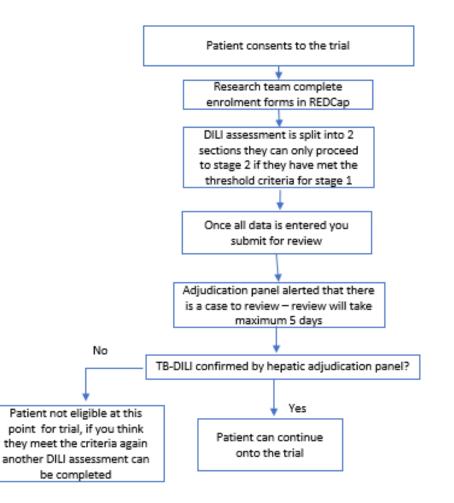
Differences will be resolved by consensus, with the option of coopting a third panel member as needed.

Patients cannot be randomised into the trial until the adjudication panel have confirmed that they are eligible.





Adjudication process









- Eligibility must be confirmed after consent has been obtained and *prior* to randomisation
- Eligibility must be confirmed by a *medically qualified doctor* – i.e. can only be confirmed by delegated investigator(s)
- Investigator must initial against each inclusion/ exclusion criterion verified and then sign and date investigator declaration to confirm participant is eligible prior to randomisation
- Completed paper eligibility checklists should be uploaded to the NCTU and retained as source data

Participant ID: -	(Add participant ID once patient enrolled/vandomised)	1	B-DI
	ELIGIBILITY CHECKLIST		
Eligibility for t	he TB-DILI trial must be completed by an Investigator (medically qualified o	doctor}.	
Please co	mplete each of the sections of the form and sign the Investigator declaration	on.	
	INCLUSION CRITERIA		
	-DUJ trial all inclusion criteria must be verified and confirmed by an investigator (m stor) — please INITIAL the appropriate Ves/No bases (ticks will not be accepted).	walcally q	unlified
If any questions are answered ND, the participant is not eligible for the trial		No	Yes
<ol> <li>Aged&gt;18 years</li> </ol>			
2. Experienced DILI with s	tandard 4-drug ATT for active pulmonary or extra pulmonary TB		
3. Medically suitable for r	e-introduction of standard 4-drug ATT		
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1. Requirement for all	Internative ATT	+	
2. Unable to provide v	written informed consent	+	
	or at this participating site; I confirm that I have verified that this participant meet clusion criteria, required for entry into the TB-DIU study. I confirm that the partici		
As the delegated investigat criteria, and none of the ex may proceed to be random Name':	or at this participating site; I confirm that I have wrifted that this participant meet clustor onteria; sequred for entry into the TB-DIJ study. I confirm that the partici- ised to study treatment: "Eligibility mea- medically:	pant is el t be confi qualified o	gible and inned by a foctor
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# Retention is just as important as recruitment

Follow-up will be a mixture of data entry from medical notes by research team and patient reported by the completion of the EQ-5D-5L

# Ways you can help us improve retention

- Ensure patient is aware of importance of us collecting the EQ-5D-5L questionnaire data
- Explain processes clearly to them
- Ensure correct contact details are recorded







Adverse Events (AE): any untoward medical occurrence in a patient administered a medicinal product which does not necessarily have a causal relationship with this treatment

#### Serious Adverse Event (SAE): is an AE which:

- Results in death
- Life-threatening
- Requires in-patient hospitalisation or prolongation of existing hospitalisation
- Results in persistent or significant disability/incapacity, or
- Congenital anomaly/birth defect
- Other medically important event

'Important medical events' are considered serious if they jeopardise the patient's health or require an intervention to prevent any of the above

consequences





#### Serious Adverse Events (SAEs):

- SAE's should only to be reported if the PI deems that particular SAE unexpected and potentially due to the intervention drug (i.e. a SUSAR)
- Reporting period : Date of Randomisation to 12 months post randomisation. If participants are still being treated at the 12-month follow-up, the reporting period will be extended to 3 months post the 12-month follow-up.
- Planned hospital admissions will **not** be reported as SAEs

#### Adverse events (AEs):

- Adverse event rate is one of our secondary outcomes
- Events should be reviewed against the SmPC for the drugs being used
- The data should be entered onto REDCap



To report a SAE, email the SAE Form to:

nctu-SAE@nottingham.ac.uk











PROCEDURE	PRE- RANDOMISATION	POST-RANDOMISATION
Eligibility screen	X	
Informed consent	X	
Baseline data collection	x	
Adjudication Panel	x	
EQ-5D-5L Questionnaire	X	
Randomisation	X	
Issue randomised trial treatment		X







The NICE TB guidelines does not outline a specific LFT monitoring plan

Sites will be encouraged to adopt a preferred monitoring plan with flexibility for local practice variation across hospitals.

Sites will be requested to upload all LFTs performed into REDCap.







- Could occur at any time point during treatment period
- Any suspected DILI should be reported on the REDCap database
- Discontinuation of control or intervention ATT regimen
- The suspected DILI will be confirmed by the adjudication panel against the trial definition of a DILI
- If DILI confirmed then patient will complete 2 additional EQ-5D-5L







- The patient will complete the EQ-5D-5L at the following timepoints
  - Baseline DILI assessment
  - Baseline DILI recovery
  - Week 2 post randomisation
  - 1 week end of treatment
  - Follow-up 12 months post randomisation

If the patient has a recurrence then they will complete 2 additional questionnaires

- Recurrence
- DILI recurrence post recovery
- Participants will receive text, email phone call reminders (as necessary) to remind them to complete their questionnaires
- For non-English speakers EQ-5D-5L will be sent via post in their preferred language

ONCE COMPLETED PLEASE ENTER DATA ONTO THE REDCAP DATABASE				
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Most data for TB-DILI will be captured directly within the database, where this is not possible a TB-DILI workbook will be available to record information for the baseline visit

Medical records, screening log and the TB-DILI workbook (where used) will be considered source data (details in Data Location Log)

Medical records must evidence

- Discussions about the trial
- Consent process, consent form and confirmation of consent
- ✓ Sample results
- Randomisation and confirmation of treatment allocation
- Treatment dispensed/prescribed (if different to allocated treatment, reason why a different treatment was prescribed)







If a patient withdraws their consent prior to randomisation, they will not be randomised and no follow up data will be collected

Participants may also withdraw their consent for follow-up and/or other trial-related activities e.g.receiving trial-related communications after randomisation. They can still remain in the trial with us collecting data directly from their medical notes

The NCTU must be informed of all requests by participants to stop their involvement in the trial as soon as possible; appropriate action will be taken to ensure that the participant's wishes are followed







### NCTU will provide site with an Investigator Site File ISF

Maintenance of the ISF should be delegated on the site delegation log

#### The ISF must contain all trial records for the site:

Protocol	Signed paper consent forms
Participant documents	Study logs
Approvals	<ul> <li>Delegation log, CVs/ GCPs and trial training records</li> </ul>
Agreements	<ul> <li>Monitoring records</li> </ul>
SAE documentation	<ul> <li>Investigator Meeting/Initiation reports and monitoring reports</li> </ul>







#### Site responsibility:

- Medical care of participants and ensuring patient safety
- Work in accordance with the approved trial protocol, trial manual and SOPs
- Comply with all ethical and legal requirements
- Ensure consistency and completeness of data
- Keeping and retaining accurate records
- Using secure storage facilitates for participant and trial documents

#### **Co-ordinating centre – Nottingham Clinical Trials Unit:**

- 🏶 Trial Management
- Data Management
- Study oversight and monitoring
- Participant follow-up
- SAE handling and reporting







- ✓ Legal responsibility for trial conduct and safety reporting at site
- Trial-related medical decisions
- Participant confidentiality
- ✓ Source document retention
- Investigator site file maintenance
- Safety reporting
- Protocol deviations
- Maintain a list of staff and delegated duties
- Ensure new staff are trained on the current trial protocol (document on training/delegation logs)
- Ensure staff changes are reported to the Trial Manager
- Ensure adequate lines of communication with the Trial Manager and NCTU
- ✓ eCRF final sign off
- Permit monitoring, audit and inspection
- Archiving (retain all documents and records; NCTU will communicate re archiving towards end of study)





## Evidence of PI oversight



#### Site responsibility:

PI protocol signature page
 Available and responsive
 Up-to-date delegation log & training records
 Meeting notes in ISF filed

Medical records:

- Consent process well documented
- Confirmation of eligibility
- Review of sample results
- Decisions on treatment
- Adequate source data
- SAEs (causality/relatedness assessment)
- Adequate source data







#### ✓ Maintain:

- ISF and trial related documents
- Patient identification/enrolment log/ screening log and monthly summary update into the database
- Instruct participant with sample collection
- ✓ Completion of eCRFs
- ✓ SAE reporting
- Prepare for monitoring visits
- Manage and implement trial amendments
  - version control









No routine onsite monitoring visits will take place

Triggered monitoring visits may take place if necessary

Central monitoring of the following data will be performed remotely by NCTU continuously throughout the trial:

- Screening data
- Informed consent forms
- Eligibility checklists
- 🔅 eCRF data
- Sample results
- Medication tracking













Determine with greater precision the frequency of DILI recurrence under standard care conditions in the NHS, and the quality of life impacts arising. If possible, we will determine independent risk factors for DILI recurrence.







#### **Primary outcome**

DILI recurrence at end of treatment

#### Secondary outcome

Measured at end of treatment:

- Severity of DILI recurrence
- Total number of days on anti-LTBI drugs
- Adverse event rate
- QoL using ED-5D-5L and healthcare resource use

If possible we will determine independent risk factors for DILI recurrence







#### **Inclusion criteria**

- 3 Adult aged  $\geq$  18 years
- Experienced DILI with anti-LTBI drugs
- Medically suitable for re-introduction of anti-LTBI drugs.

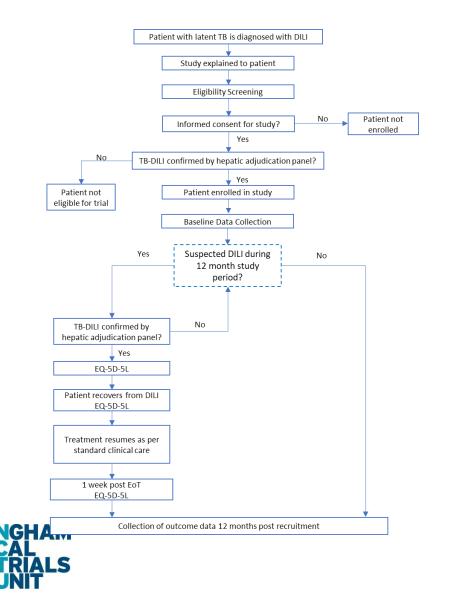
#### **Exclusion criteria**

Unable to provide written informed consent









#### **Study Procedures**

Patient screened

Consented

Baseline data collection

Adjudication panel confirm eligibility/ recurrences

 EQ-5D-5L will be taken at 3 junctures
 DILI occurrence
 DILI recover
 1 week post EOT











- Participants who do not enter the main trial should be considered for the data collection arm only
- Trial entry criteria is the same as the main trial however patients will not be randomised
- The main ICF should be used for consent and they should also complete section B of the ICF
- Participants will be enrolled onto REDCap and the adjudication will confirm eligibility before any further data can be collected













#### Your site cannot open to recruitment until NCTU have issued you with the 'green light'

#### **Documents needed:**

- PI protocol signature page
- Delegation Log with PI signature
- Training logs and CV/GCP certificates
- Signed site agreement (mCNA)
- Completed database access requests



#### **Processes needed:**

- ✓ Local R&D approval
- Ensure local stock of TB drugs

When all documents and approvals are in place, NCTU will then issue a "Green-light letter" and you are ready to go!





Thank you and good luck with recruitment

# Please contact us if you need any support with any trial related activities



